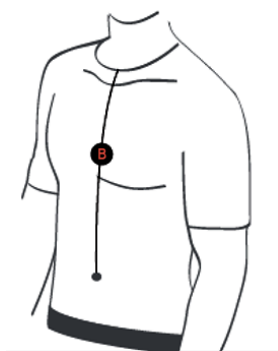




SIZE GUIDELINE

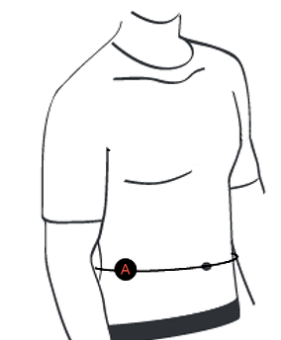
1) Chest height



Measure your chest's height, starting from the top until your belly button (as indicated in the image at line B).

You can choose whether you want a vest to cover your just until your navel or below to the navel.

Note: It is recommended to wear a vest that reaches on or above the navel, this will give you more mobility when sitting. Additionally, the length of the vest (carrier) can be adjusted on the shoulder part.



2) Waist circumference

Measure your waist around the body at the height of the navel. (line A) (look in the table below and find your measurements). You can choose between a vest with or without an overlap on the sides.

Note: It is recommended to have an extra 5cm on each side (Total 10cm), overlap.



Examples:

1) If your waist measures 90cm and your chest is 35cm, a size S may be suitable for you, (you will have 6cm overlap, 3cm on each side).

If you wish extra overlap on the sides, you can choose a size M. Thus, you will have an extra 16 cm in total (8cm on each side). Please note that this will also increase 2cm in length.

2) If your waist measures 116cm and your chest is 40cm, a size L may be suitable for you. However, you will not have overlap on the sides.

If you want extra-overlapping space on the sides, you can choose a size XL. Thus, you will have an extra 10 cm in total (5cm on each side). Please note that this will also increase 1cm in length.

Please consider whether your vest will be used concealable or overt you clothing. This will help you to make a better sizing decision.

In case you wear the vest mainly covert you can better go towards a smaller vest size to have the maximum moveability and concealability.

Size	Without Overlap	With Overlap	
	Waist	Waist	Chest Height
XS	86	76	37
S	96	86	38
M	106	96	40
L	116	106	42
XL	126	116	43
2XL	136	126	45
3XL	146	136	47
4XL	156	146	48
5XL	166	156	50